




# DIM + Curcumin

## Healthy Estrogen Metabolism\*

### Provides Clinically Studied BR-DIM® & Curcumin



**DIM + Curcumin** contains 3 unique ingredients in the most effective forms for healthy estrogen balance and metabolism.\*


- Clinically Studied Curcumin** – The most clinically studied enhanced absorption curcumin in the world with over 65 published studies, 28 of which are HUMAN CLINICAL TRIALS.
- Clinically Studied BR-DIM®** – Demonstrated better absorption, making it more effective than ordinary DIM for estrogen balance and detoxification.\* You would have to consume 2 lbs. of broccoli to match this level of DIM.
- French Grape Seed VX1®** – This exclusive, tannin free extract is standardized for only highly absorbable, low molecular weight oligomeric proanthocyanidins (OPCs).

**Recommendations:** 1 capsule daily with food. May increase to 1 capsule twice daily, if needed, or as directed by your healthcare practitioner. If pregnant or nursing, consult a healthcare practitioner before use.

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\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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## DIM + Curcumin

### Healthy Estrogen Metabolism\*

CLINICALLY STUDIED  
**DIM+ CURCUMIN**

30 Capsules

VEGAN NON-GMO DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**  
Serving Size: 1 Capsule Servings Per Container: 30

Amount Per 1 Capsule (Veg):	%DV
<b>Proprietary Complex</b>	250 mg **
Curcumin ( <i>Curcuma longa</i> ) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), French Grape ( <i>Vitis vinifera</i> ) Seed Extract (VX1®) standardized to contain ≥ 99% polyphenols and ≥ 80% OPCs (Tannin Free)	
<b>BR-DIM®</b>	120 mg **
(a proprietary, enhanced bioavailability complex containing starch, a minimum 25% diindolylmethane [30 mg], Vitamin E, phosphatidylcholine, silica)	

\*\* Daily Value (DV) not established

**Other Ingredients:** cellulose powder, hydroxypropyl methylcellulose (vegetable cellulose capsules), silica, vegetable source magnesium stearate. **No** sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial flavoring, artificial coloring, or artificial preservatives.

Manufactured by a cGMP compliant facility exclusively for:  
EuroMedica 955 Challenger Drive Green Bay, WI 54311  
866-942-7256 euromedicausa.com

With its exclusive combination of ingredients, **DIM + Curcumin** supports healthy hormone balance to support mood, weight†, energy levels, and overall well-being.\*

- Perimenopause and PMS symptom relief
- Promotes estrogen and progesterone balance
- Healthy metabolism and weight management\*†

#### The Complete Formula for Healthy Hormone Balance\*

**DIM + Curcumin** provides three highly effective ingredients in just one formula:

- **Clinically studied BR-DIM** is better absorbed and, therefore, more effective than ordinary DIM for estrogen balance and detoxification. It eases mood swings and cramping of perimenopause and PMS, supports healthy metabolism, and protects healthy breast cells.\*<sup>^</sup> **The DIM in this formula equals the amount found in two pounds of broccoli.** Each capsule provides 120 mg of clinically studied BR-DIM – the same level used in groundbreaking studies.

- **High absorption Curcumin** is the most clinically studied, enhanced bioavailable curcumin in the world with more than 70 published studies, of which over 30 are human clinical trials. Curcumin is the active compound from turmeric that supports healthy liver function to help effectively eliminate toxins that mimic estrogen and contribute to estrogen dominance. It also offers powerful cellular protection from the risk of oxidative damage.\*

- **French Grape Seed VX1®** is a tannin-free extract standardized for only highly absorbable, low-weight oligomeric proanthocyanidins (OPCs). It supports healthy hormone balance and aromatase activity weight management†, and mood.\*

To view all our products, go to: [euromedicausa.com](http://euromedicausa.com)

† In conjunction with a healthy diet and exercise regimen    ^ Protection from oxidative stress and damage  
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## Frequently Asked Questions for DIM + Curcumin:

### Q. What is the difference between DIM and indole-3-carbinol?

A. While both are found in cruciferous vegetables, DIM is a metabolite of indole-3-carbinol and is more stable. DIM requires no further conversion or breakdown by stomach acid, and is ready to provide benefits immediately.

### Q. Will this product increase estrogen levels?

A. No. While it will not increase estrogen, it does support healthy estrogen balance.\*

### Q. How is BR-DIM® different from other forms of DIM?

A. BR-DIM uses a proprietary dosage form and delivery system for excellent bioavailability that separates it from other forms of DIM. In fact, every capsule of **DIM + Curcumin** provides 120 mg of BR-DIM – the clinically effective level.

### Q. Can this product be used by men as well as women?

A. Yes. While estrogen balance is often viewed as primarily a woman's health consideration, the fact is, both men and women can benefit from DIM and the other ingredients in this formula.\*

### What to pair with DIM + Curcumin:

- **ProHydra-7™** – Provides clinically studied SB-150™ sea buckthorn oil, a source of Omega-7. This botanical supports healthy skin and mucosal membranes throughout the body.\*
- **Vitamin D3 Chewable 5,000 IU** – Supports strong bones, teeth, overall health, and the immune system. Delicious flavor makes it a favorite for adults and children alike.\*