



Pain Relief^{*†} Protocol

Objective	Product Recommendation	Dosage	Key Ingredients
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles*	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Native Type II Collagen
Provides effective pain relief that addresses both physical support and endorphin activity*†	Curaphen[®]	1 capsule 3 times daily, or as recommended by a healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
	Curaphen[®] Extra Strength	1 tablet daily; may take one tablet three times daily, or as recommended by a healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
Provides pain relief and healthy sleep support*†	Curaphen[®] PM	1 capsule 30 minutes before bedtime. May increase as recommended by a healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Melatonin
Supports healthy muscles, tendons, ligaments, and nerves*	Magnesium + P-5-P	1 capsule, may be taken up to 4 times daily, or as recommended by a healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Magnesium (from magnesium glycinate chelate), Zinc (from TRAACS [™] Zinc bisglycinate chelate)
Aids proper circulation and supports healthy nerve function*	Nerve Complex[™]	2 capsules 2 times daily, or as recommended by a healthcare practitioner.	Thiamin (B1) (as Thiamin HCl), Riboflavin (Vitamin B2), Niacin (as niacinamide), Vitamin B6 (as Pyridoxal-5-Phosphate), Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) [^] , Vitamin B12 (as Methylcobalamin), Biotin, Pantothenic acid (as D-Calcium Pantothenate), Zinc (from TRAACS [™] Zinc Glycinate Chelate), Chromium (from TRAACS [™] Chromium Nicotinate Glycinate Chelate), Alpha Lipoic Acid, Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Benfotiamine

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[†]Occasional muscle pain due to exercise or overuse. TRAACS[™] is a trademark of Albion Laboratories, Inc. [^]US Patent No. 7,947,662
 *THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.