



# Melatonin

## 10 mg Sustained Release Tablet

**Melatonin** is predominantly known for promoting restful sleep cycles, and because melatonin is such a powerful antioxidant it also plays a huge role in supporting cellular health.\*

- **Healthy Inflammation Response†**
- **Promotes Healthy Sleep Cycles**
- **Supports Cellular Health\***

Manufactured by a cGMP compliant facility exclusively for:  
**EuroMedica** 955 Challenger Drive Green Bay, WI 54311  
 866-842-7256 euromedicausa.com

†Occasional inflammation due to exercise or overuse.

\* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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**10mg**

# Melatonin

**Healthy Immune Function\***

60 Sustained Release Tablets

**VEGAN NON-GMO** DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**

Serving Size: 1 Tablet Servings Per Container: 60

Amount Per 1 Tablet:	%DV
Melatonin (EP120™)	10 mg **

\*\*Daily Value not established

**Other Ingredients:** sucrose, microcrystalline cellulose, hydroxypropyl methylcellulose, stearic acid, maltodextrin, vegetable source magnesium stearate, silica.

**No salt, yeast, wheat, gluten, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.**

**Recommendations:** 1 tablet, 1-2 hours before bedtime, or as directed by your healthcare practitioner.

If pregnant or nursing, consult a healthcare practitioner before use. May cause drowsiness. Do not take when operating machinery or driving a vehicle.

### Melatonin: For Many Reasons!

When your patients ask about melatonin, they might only associate it with getting a good night's sleep. But melatonin supports much more than that. In fact, that's why we launched Melatonin to deliver a melatonin supplement your patients could trust to deliver a multitude of benefits.\*

Remind your patients that melatonin and melatonin receptors are present in virtually every cell in the body. That means that it is intricately involved with supporting healthy immune system response, healthy cellular replication, and every aspect of health and vitality.\*

- **Strong Immune Function:** Melatonin supports the innate and acquired immune systems, T-helper cell activity, and cytokine balance.\*
- **Healthy Inflammation Response:** Melatonin helps support the body's own healthy response to occasional inflammation, so it has applications far beyond supporting healthy sleep.\*†

- **Healthy Cells:** Melatonin works as a powerful antioxidant, protecting you from the risks of oxidative damage at a microscopic level.\*
- **Deep, Sound Restorative Sleep:** Melatonin helps set our sleep cycles and synchronizes the health of every cell in the body. For real slumber that matters, proper melatonin levels are a must.\*††
- **Overall Well-Being:** Melatonin supports health in ways that may come as a surprise, including: healthy vision, gastrointestinal function, cognitive health, healthy blood sugar balance^, and healthy aging.\*

### Melatonin by EuroMedica:

- **Restorative:** Melatonin is already produced by the body, but over time our levels can become depleted. This supplement helps your patients adjust the balance in their favor.\*
- **Sustained Release:** Sustained release means that your patients can count on a consistent level of melatonin overnight, every night.

To view all our products, go to: [euromedicausa.com](http://euromedicausa.com)

† Occasional inflammation due to exercise or overuse    ^ Supports healthy levels already within normal range    †† For relief of occasional sleeplessness

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## Frequently Asked Questions for Melatonin:

### Q. Why should I take Melatonin?

A. Our Melatonin supports many aspects of mind and body health, including healthy immune function, healthy inflammation response<sup>†</sup>, healthy DNA replication, and sound sleep, so it can play a critical part in daily supplement regimen. Because of its support of natural circadian rhythms, we do recommend that you take this supplement before bedtime, because it can help you relax for a full night of restful sleep.\*<sup>††</sup>

### Q. I sleep fine. Do I still need Melatonin?

A. Yes, you may need melatonin. Because melatonin is so often associated with healthy sleep, it may sound surprising to hear this, but melatonin is critical for supporting actions of the immune system. That means it helps your immune system stay on an even keel, and respond properly when necessary. Melatonin is also associated with cognitive strength, mental well-being, and antioxidant power as well. It is truly a health-enhancing nutrient.\*

### What to pair with Melatonin:

- **Andrographis EP80™ Extra Strength** – features this trusted Ayurvedic botanical for liver support, joint health, healthy immune function, and cellular protection from oxidative stress.\*
- **CuraPro®** – A single ingredient supplement that provides clinically studied, enhanced bioavailable curcumin with up to 500 times better absorption and greater blood retention at significant levels time than turmeric.<sup>^</sup> CuraPro's clinically studied curcumin shows positive benefits and support for immune, cellular, and cognitive health and well-being.\*

<sup>†</sup> Occasional inflammation due to exercise or overuse    <sup>††</sup> For relief of occasional sleeplessness

<sup>^</sup> Based on enhanced absorption of CuraPro curcumin versus equivalent weight capsule of unstandardized turmeric containing 2% curcumin

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