

Immune Support Protocol^{*}

Objective	Product Recommendation	Dosage	Key Ingredients
Supports healthy immune function, daily energy, resilience, and healthy inflammation response ^{††}	Andrographis EP80™ Extra Strength	1 capsule daily. For extra support may take 1 capsule twice daily or as recommended by a healthcare practitioner.	Andrographis (<i>Andrographis paniculata</i>) Leaf Extract (EP80™) standardized to ≥ 20% total andrographolides (≥ 80 mg)
Provides long-term lung and cellular support*	BosPro™	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids
Builds a daily foundation with bioavailable B vitamins, chelated minerals, and other critical nutrients*	Essential Multivitamin	2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 years old and up.	Vitamin A (as retinyl palmitate), Vitamin C (from calcium ascorbate), Vitamin D3 (as cholecalciferol), Vitamin E (as d-alpha and mixed tocopherols), Vitamin K2 [as menaquinone-7 (MK-7 as MenaQ7®)], Riboflavin (Vitamin B2), Niacin (Vitamin B3) (as niacin and from niacinamide), Vitamin B6 (from pyridoxal-5-phosphate), Folate (from calcium-L-5-methyltetrahydrofolate), Vitamin B12 (as methylcobalamin), Biotin (as d-biotin), Pantothenic acid (from d-calcium pantothenate), Choline (from choline bitartrate), Calcium (from TRAACS™ calcium glycinate chelate, calcium fructoborate, calcium ascorbate, and d-calcium pantothenate), Iodine (from potassium iodide), Magnesium (TRAACS™ magnesium bisglycinate chelate buffered (magnesium bisglycinate chelate and magnesium oxide)), Zinc (from TRAACS™ zinc glycinate), Selenium (as selenium yeast) (<i>Saccharomyces cerevisiae</i>), Copper (from TRAACS™ copper glycinate chelate), Manganese (from TRAACS™ manganese glycinate chelate), Chromium (from TRAACS™ chromium nicotinate glycinate chelate), Molybdenum (from TRAACS™ molybdenum glycinate chelate), Potassium (from potassium glycinate complex), Ginger (<i>Zingiber officinale</i>) Rhizome Extract standardized for ≥5% gingerols and shogaols (5 mg), Benfotiamine, Inositol, Bioflavonoids from Citrus (<i>Citrus aurantium</i>) Peel Extract, PABA (para-aminobenzoic acid), Boron (from calcium fructoborate), Vanadium (from TRAACS™ vanadium nicotinate glycinate chelate)
Provides quercetin combined with GammaSorb® plus synergistic vitamin C to support a healthy immune system, respiratory function, and healthy histamine levels ^{**}	Quercetin plus Vitamin C	1 capsule daily, or as recommended by a healthcare practitioner.	Vitamin C (as ascorbic acid), Quercetin [from Japanese pagoda tree (<i>Sophora japonica</i>) flower buds]
Supports sinus cilia activity and soothes mucous membranes*	Sinutol™ Extra Strength	1 enteric-coated softgel, up to 3 times daily, or as recommended by a healthcare practitioner. DO NOT CHEW.	Double Strength Proprietary Formula: Containing Eucalyptus (<i>Eucalyptus radiata</i>) Leaf Oil with 50-70% 1,8 cineole, 2-15% alpha terpineol, <10% alpha pinene, and <10% limonene, Myrtle (<i>Myrtus communis</i>) Leaf Oil containing 20-60% alpha pinene, 15-35% 1,8 cineole and <20% limonene, Lemon (<i>Citrus limon</i>) Zest Oil
Builds strong vitamin D3 levels to support overall health, strong bones, and a healthy immune system*	Vitamin D3 Chewable (5,000 IU)	1 tablet daily, or as recommended by a healthcare practitioner.	Vitamin D3 (as cholecalciferol)
Delivers bioavailable forms of zinc and selenium, key minerals for immune and respiratory support*	Zinc plus Selenium	1 capsule daily, or as recommended by a healthcare practitioner.	Zinc (from TRAACS™ zinc bisglycinate chelate), Selenium (as selenium yeast) (<i>Saccharomyces cerevisiae</i>)