

Bladder Manager™

Supports Healthy Bladder Strength and Function*



Bladder health and comfort are important to everyone, men and women alike. **Bladder Manager** is the ideal supplement for men and women looking to support bladder strength and urinary tract function.*

Bladder Manager features a powerful, clinically studied extract from the *Angelica archangelica* leaf. This extract of angelica is from plants grown in the pristine air and soil of Iceland.

This prized botanical in Iceland has been used traditionally for over 1,000 years. Abundant in the fresh landscape of Iceland, angelica is still recognized as a valuable resource. The angelica leaves used in this formula are gathered by local people in an eco-friendly manner, and the procurement process is monitored and sustainable.

Bladder Manager contains key compounds you need to support the smooth muscle of the bladder. This amazing extract provides documented benefits, too. In fact, participants in a recent clinical trial experienced support for healthy bladder function.*[†]

For MEN - Beyond Prostate Health*

Unlike saw palmetto, **Bladder Manager** contains key compounds that support the smooth muscle of the bladder.* In fact, in Iceland, **Bladder Manager** outsells saw palmetto extracts.

For WOMEN – Bladder Health and Peace of Mind*
Bladder Manager is ideal for healthy bladder strength, helping bring comfort.*

For EVERYONE - Better Rest

Participants in a recent clinical trial experienced support for healthy bladder function.*



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Frequently Asked Questions for Bladder Manager™

Q. How long until I notice benefits?

A. Each person varies, but you may start noticing benefits after the first few days. Consider doubling the dose at first, and then dropping to the suggested dosage when you begin noticing benefits.*

Q. How does Bladder Manager work compared to saw palmetto extracts?

A. Unlike saw palmetto extracts, which are intended to support healthy PSA levels and prostate function, and are recommended only for men, **Bladder Manager** supports bladder strength. Because it is a bladder supporting supplement, **Bladder Manager** also differs from saw palmetto extract in that it is recommended for men and women.*

Q. What steps are taken to prevent over harvesting?

A. While angelica is a highly valued herb, it grows all over Iceland, and is by no means an endangered plant. In fact, its proliferation is even considered too intense in some areas.

In certain places, harvesting can benefit local authorities that would otherwise have to eradicate the plant in a costly way. Additionally, the manufacturer works with local people who know their region well.

That type of knowledge helps in choosing the best spots, and since local experts can follow the development of angelica fields over many years, they provide information which ensures that the angelica fields aren't overused.

Q. Is Angelica safe? I thought that it wasn't for everybody.

A. Yes, this Angelica (Angelica archangelica) grows in Iceland and has been safely used and enjoyed for centuries. It is not the same as Chinese angelica (Angelica sinensis), also known as dong quai.

The fruits, leaves, and roots of the plant have been used in folk medicine, and it was cultivated in the Nordic countries during the Middle Ages. Vikings even used this herb as a form of currency. In fact, banning the theft of angelica was actually written into some of the earliest law books in Iceland about 1,000 years ago! These days, angelica tea from the leaves and cereal from the seeds are popular foods in Iceland, and the leaves from this plant are used to make **Bladder Manager**.

What to Pair with Bladder Manager

Clinical OPC	Provides high-absorption, tannin-free oligomeric proanthocyanidins (OPCs) to support cardiovascular health, immune function, cellular protection, and more.*
CuraPro°	A curcumin complex that provides clinically studied, enhanced absorption curcumin with up to 500 times better bioavailability and greater blood retention time at significant levels than turmeric.^^ CuraPro's clinically studied curcumin shows positive benefits and support for

immune, cellular, and cognitive health and overall well-being.*



Simply hold your smartphone camera over the code to learn more.