



# Daily Essentials Support Protocol\*

Objective	Product Recommendation	Dosage	Key Ingredients
<p>Provides a daily foundation with bioavailable B vitamins, chelated minerals, and other critical nutrients*</p>	<p><b>Essential Multivitamin</b></p>	<p>2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 years old and up.</p>	<p>Complete Multivitamin &amp; Mineral Formula with 30 Premium Nutrients</p> <p><b>Bioavailable B vitamins</b>, including: B6 as pyridoxal-5-phosphate (P-5-P), B12 as methylcobalamin, and folate (from calcium-l-5-methyltetrahydrofolate)</p> <p><b>Chelated minerals</b>, including: Chromium, magnesium, manganese, molybdenum, and zinc in TRAACS™ glycinate chelate forms.</p> <p><b>Critical nutrients</b>, including: Vitamin A (as retinyl palmitate), vitamin D3 (as cholecalciferol), vitamin E (as d-alpha and mixed tocopherols), and vitamin K2 [as menaquinone-7 (MK-7 as Mena Q7®)]</p> <p><i>Please see our product page at <a href="http://euromedicausa.com">euromedicausa.com</a> for a complete ingredient list.</i></p>
<p>Provides omega-3s, phospholipids, and peptides to support cardio strength and vascular elasticity, brain function, mood, and overall eye health*</p>	<p><b>EurOmega-3®</b></p>	<p>Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily, or as recommended by your healthcare practitioner.</p>	<p>Omega-3 Phospholipid Peptide Complex: Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA</p>
<p>Supports healthy gut flora balance, nutrient absorption, and relieves occasional digestive discomforts*</p>	<p><b>FloraSure® Probiotic</b></p>	<p>1 capsule daily, with food, or as recommended by a healthcare practitioner.</p>	<p>FloraSure® Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i>, <i>Lactobacillus rhamnosus</i>, and <i>Bifidobacterium bifidum</i></p>
<p>Supports vitamin D3 levels for overall health, strong bones and teeth, and healthy immune function*</p>	<p><b>Vitamin D3 Chewable</b></p>	<p>1 tablet daily, or as recommended by a healthcare practitioner.</p>	<p>Vitamin D3 (as cholecalciferol, the body's preferred form)</p>