



Oral Health Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports gum and dental health*	CoQ10 Chewable 100 mg (with GammaSorb® gamma cyclodextrin for 8 times higher absorption^^)	1 chewable tablet daily, or as recommended by a healthcare practitioner.	Coenzyme Q10 (ubiquinone)
Boosts bone absorption of calcium up to 50% for healthy bone structure and density*^	Silica-20™	1-2 tablets twice daily, or as recommended by a healthcare practitioner.	Vitamin D3 (cholecalciferol), Horsetail (<i>Equisetum arvense</i>) Aerial Extract standardized to 20 mg of silica, (per 2 tablets) with naturally occurring flavonoids

^In vitro evaluation on cultured human bone. ^^Compared to standard CoQ10.
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.