

Red Ginseng Energy Chewable

7X Stronger[™] • Features Clinically Studied HRG80[™] Red Ginseng



Delivers 7 times more rare, noble ginsenosides than conventional ginseng for maximum benefits

Noble ginsenosides are shown to be 17 times better absorbed than classic ginsenosides[†]

Whole root red ginseng for full spectrum action

Ultra-clean: grown without pesticides

Great for men and women

The Energy—and Ginseng— Your Patients Are Looking For

As one of the world's oldest adaptogens, red ginseng has been recommended for centuries. Your patients may have tried ginseng in the past, only to experience lackluster results that didn't meet their expectations.

Red Ginseng Energy Chewable takes ginseng to the next level. It features HRG80 red ginseng that is specially grown using ultra-clean, pesticide-free cultivation. This makes it safe, reliable, and boosts the plant's levels of valuable compounds called noble ginsenosides to help your patients feel energized and meet any challenge in stride. In fact, it delivers 7 times more rare, noble ginsenosides—the plant's best-utilized form of the compound—to help your patients feel energized every day.**

Plus, we've combined this red ginseng with GammaSorb®, a proven absorption-enhancing delivery system, so this pleasant-tasting (xylitol) chewable tablet delivers optimal benefits.

The result is amazing support for focus, concentration, and active life.*

- Mental and physical energy
- Resilience during stress[^]
- · Mindful focus and concentration
- Stamina and endurance
- Healthy cortisol, serotonin, and GABA levels*^^

The HRG80 Difference: Better Grown, Better Results

Because of the way that HRG80 red ginseng is grown, it has an advantage over conventionally-grown plants—and gives your patients an advantage for their health.

Feel the Difference! Clinically Studied:

Participants who experienced benefits in a clinical study featuring HRG80 red ginseng, reported amazing results!

- 67% Increased energy*
- 48% Better mental clarity*
- 46% Sleep improvement*
- 72% More stamina*

To view all our products, go to: euromedicausa.com

[†]Compared to classic ginsenosides in an in-vitro scientific (Caco-2) study. ††Compared to the rare, noble ginsenoside content of conventional ginseng.

^{*}These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Frequently Asked Questions for Red Ginseng Energy Chewable

Q. I've heard that ginseng is susceptible to picking up toxins or pesticides through its roots. Is this something I need to worry about with your product?

A. No. The HRG80™ ginseng that we feature in our red ginseng supplements is hydroponically grown in ultra-clean conditions.

Because the ginseng roots are carefully cultivated and provided with optimal growing conditions without the need for pesticides or exposure to soil-borne toxins, the plant thrives and produces the beneficial compounds we look for that make a good supplement. Those compounds include 7 times noble ginsenosides, much more than found in conventionally grown ginseng.

Q. How absorbable are the compounds from ginseng?

A. That depends on the quality of the ginseng, an individuals' level of healthy gut bacteria, and the quantity of compounds in the ginseng that you start with. Conventionally grown ginseng contains what are known as classic or common ginsenosides. A small amount of these may be converted in the gut into noble ginsenosides, which have better absorption. However, the conversion rate may be slow and cumbersome in the digestive system, and doesn't guarantee that you'll see any energizing benefits from the botanical. HRG80 ginseng, by comparison, is grown in such a way that it already has more noble ginsenosides in the roots—7 times more than a leading, conventionally grown ginseng supplement. A Caco-2 study found that the noble ginsenosides in HRG80 are 17 times more absorbable than classic ginsensosides. The traditional Korean steaming process helps ginsenosides become more absorbed or bioavailable as well, but starting off with a higher level of rare, noble ginsenosides makes good sense if you want to see results.

Q. Will this cause jitteriness?

A. Our Red Ginseng Energy supplement will help your patients feel more energized by increasing their resilience to stress. After all, stress is exhausting. While stressful days can cause tiredness, it doesn't typically equate to feeling relaxed. Because ginseng has adaptogenic qualities, stresses won't seem so demanding. Your patients may find that not only do they feel more energized during the day, they'll also feel more relaxed at bedtime, and have a better night's sleep.*

Q. What makes it "red" ginseng? Isn't all ginseng the same?

A. Although both red and white *Panax ginseng* (also known as Asian ginseng) are from the same species, they are not processed the same way. White ginseng is generally air dried, while red ginseng is traditionally steamed, which gives it a red/brown color. Steaming can help make ginseng compounds—known as ginsenosides—better absorbed, and that may be one of the reasons that Korean practitioners typically preferred red ginseng.

Q. Can women take *Panax Ginseng*? I've always thought it was more for men.

A. Yes, women certainly can take *Panax ginseng* (red ginseng). Although sometimes it has been viewed as a "male" ingredient, ginseng has also been used for women for a variety of reasons. Ginseng has been successfully used in clinical studies for women regarding menopause, mental well-being, libido, energy, and other aspects of overall health.* There have also been published human studies that show no negative impact on hormonal balance. For more information, we have listed studies and reviews below.

Kim HG, Cho JH, Yoo SR, et al. Antifatigue effects of Panax ginseng C.A. Meyer: a randomised, double-blind, placebo-controlled trial. PLoS One. 2013 Apr 17;8(4):e61271

Lee HW, Choi J, Lee Y, Kil KJ, Lee MS. Ginseng for managing menopausal woman's health: A systematic review of double-blind, randomized, placebo-controlled trials. Medicine (Baltimore). 2016;95(38):e4914.

Oh KJ, Chae MJ, Lee HS, Hong HD, Park K. Effects of Korean red ginseng on sexual arousal in menopausal women: placebo-controlled, double-blind crossover clinical study. J Sex Med. 2010 Apr;7(4 Pt 1):1469-77.

Seo SK, Hong Y, Yun BH, et al. Antioxidative effects of Korean red ginseng in postmenopausal women: a double-blind randomized controlled trial. J Ethnopharmacol. 2014 Jul 3;154(3):753-7.

Q. What is the difference between Asian and American ginseng?

A. There are several other herbs that have been known as "ginseng". These include *Eleutherococcus senticosus*, often simply called eleuthero, which was once commonly known as Siberian ginseng, and *Panax quinquefolius*, which is grown and harvested in North America. *Panax quinquefolius* (commonly called American ginseng) shares common characteristics with *Panax ginseng*, but it is a separate species and does not provide the same health benefits.

What to Pair with Red Ginseng Energy Chewable

Essential Multivitamin

Helps provide a foundation of nutrients every day. It delivers nutrients in absorbable forms that are gentle on the stomach and readily utilized by the body to support energy and vitality.*



Simply hold your smartphone camera over the code to learn more.

[^]Occasional stress