

# Silica-20<sup>™</sup>

Healthy Bone Density • Boost Collagen Production • Beautiful Hair, Skin, and Nails\*



Bone mineralization: boosts bone absorption of calcium up to 50%\*†

Supports healthy bone structure and density\*

Boosts collagen production up to 50% for healthy skin, hair and nails\*†

Healthy bones need silica, but they need a form that is best utilized by the body. **Silica-20** is the right choice. It provides silica gently extracted from horsetail (*Equisetum arvense*) blended with trace minerals from the sea and healthy lipids to enhance absorption.\*

For calcium utilization, **Silica-20** can make a big difference—it boosts calcium absorption into the bone up to 50%!<sup>†</sup> Plus, it supports healthy bone density in two ways: it helps your body maintain the collagen framework for healthy bones, and it helps support a healthy balance of minerals in bones. The result is strength from within for your bones and teeth. Because of its positive benefits for collagen, **Silica-20** also supports healthy hair, skin, and nails.\*

**Silica-20** uses a proprietary extraction method. This method filters out harsh, unnecessary compounds while preserving the silica and beneficial flavonoids.

To view all our products, go to: euromedicausa.com

### Frequently Asked Questions for Silica-20™

#### Q. Can't I get silica from food?

A. Certainly, there are food sources, but very little of that silica is absorbed during digestion. In fact, you'd probably have to eat 50 bananas just to get about 8 mg of absorbed silica. So a supplemental source is a must. In fact, in Europe, silica is more popular than calcium for bone support. Considering that silica does even more than support bone density and strength, it is a sensible supplemental choice for joints, hair, skin, and nails too.\*

## Q. How does Silica-20 help keep bones healthy?

A. Silica-20 supports the natural growth processes of bones by helping them retain calcium longer-by an average of 50 percent or more. Additionally, a randomized, double-blind, placebo-controlled study of 65 women over the span of 12 months revealed that Silica-20 supported bone health and strength.\*

#### Q. Is the use of Silica-20 supported by research?

A. Yes. A 12 month, randomized, double-blind, placebo-controlled study involving 65 women revealed that Silica-20 supported bone health and strength.\*

Another **Silica-20** study with 150 individuals showed support for healthy bones. Doctors reported that in 80 percent of participants, significant indicators of bone health support were evident after 15 days of use, and further gains were measurable after 6 weeks of use.\*

## What to Pair with Silica-20™

**Strontium** 

Provides a trusted source of the mineral that is essential for bone health.\*



Simply hold your smartphone camera over the code to learn more.