



## Frequently Asked Questions for Sucontral® D

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### Q. What is *Hintonia latiflora*?

A. Traditionally, the dried bark of *Hintonia latiflora* has been used to support healthy blood sugar balance, and in fact, it is commonly found in marketplaces in Mexico.\*† It grows mostly in the desert and withstands an intense climate. Tougging out monsoon-like rainy seasons and scorching dry spells has created a powerful defense mechanism within the plant itself. Much in the way that anthocyanins, protective compounds in berries, can be even greater after some stresses to the plant, the beneficial compounds of *Hintonia* are made all the stronger for its ability to survive and thrive in a difficult environment.

### Q. What are “A1C levels”?

A. A1C tests, also known as “HbA1c” tests, show average blood sugar levels over time. The levels indicate what percentage of hemoglobin, the protein that carries oxygen in red blood cells, is “glycated” or “coated” with sugar.

### Q. How were the levels of the vitamins/minerals in this formula determined?

A. Sucontral D was developed in Europe with the major focus on how best to deliver the unique polyphenols from the herb *Hintonia latiflora* as the key ingredient for supporting blood sugar health.† The great majority of benefits from this product are related to the activity of the herb. However, the developers decided to include small amounts of other nutrients as a baseline of vitamin and mineral support. The clinical studies on this specific formula included the vitamin and mineral component, and so we have kept the formula exactly as it was used in human studies showing beneficial results.\*

## What to Pair with Sucontral® D

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### Berberine 500 mg

Supports healthy metabolic function.\*

### Nerve Complex™

Supports the delicate nerve endings in your feet, legs, and fingers.\*

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Simply hold your smartphone camera over the code to learn more.

†Supports healthy levels already within normal range

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.