

## Thyroid Care<sup>™\*</sup>

# Supports Thyroid, Immune and Complete Metabolic Function\* lodine with L-tyrosine



Provides Iodine and L-tyrosine – nutrients that support a well-functioning thyroid\*

Supports healthy metabolism, energy levels, and the immune system\*

If you are looking to support energy levels, immune health, or metabolism, **Thyroid Care** is the right choice.\*

**Thyroid Care** provides targeted support for a healthy thyroid gland, which is crucial for proper metabolism and immune system function. This formula provides iodine and L-tyrosine, which are required by the thyroid to synthesize key hormones.\*

Optimal levels of iodine benefit the thyroid gland and enhance metabolism, and L-tyrosine plays an important role in the production of thyroid hormones as well. This important amino acid is absolutely necessary for the body to support healthy thyroid (as well as noradrenaline and dopamine) hormone production. In fact, it's impossible to have a well-functioning thyroid without sufficient quantities of L-tyrosine combined with iodine, either in the diet or through supplementation.\*

To view all our products, go to: euromedicausa.com

### Frequently Asked Questions for Thyroid Care™\*

#### Q. Why should I care about iodine?

A. lodine is one of the most important minerals for healthy cellular and metabolic function. In fact, iodine is so important that it was put into table salt to help prevent goiters and iodine insufficiency. However, Americans are eating less refined table salt, and levels of iodine in other foods are diminishing with changes in soil and agricultural practices. There is less iodine in the American diet than there was just 50 years ago.\*

Additionally, certain toxic minerals "compete" with iodine. As we are exposed to greater levels of chlorine, bromine (bromide) and fluoride, the body requires more iodine for ongoing detoxification.\*

#### Q. What exactly is "tyrosine" or "L-tyrosine"?

A. Tyrosine is an amino acid. It is generally considered a "conditionally essential" amino acid because the body can typically synthesize adequate amounts of tyrosine from phenylalanine. However, in addition to thyroid hormone support, supplemental tyrosine has been found to be beneficial for mood, stress relief<sup>†</sup>, and mental function. Food sources include cheese, eggs, almonds, and avocados. Tyrosine, (also called "L-tyrosine") is the precursor for the formation of the thyroid hormones thyroxine (T4) and triiodothyronine (T3), as well as epinephrine, norepinephrine and dopamine.\*

## What to Pair with Thyroid Care™\*

#### **Essential Multivitamin**

This complete multivitamin and mineral supplement delivers absorbable nutrients at meaningful levels that are appropriate for everyone, regardless of age or gender.\*

#### Adrenaplex®

Helps support the adrenal gland with key nutrients essential for healthy adrenal gland function. This daily supplement helps support the body's response to stress.\*†



Simply hold your smartphone camera over the code to learn more.

<sup>^</sup>Occasional stress

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease